

WEEKLY MARRIAGE CHECK-IN

WEEKLY RECAP

*What am I most grateful for from last week?
What brought me joy/excitement?*

*What was something that was hard or difficult
last week?*

How did I see Jesus at work in the midst of it all?

CONFESSION

Is there any unconfessed sin over the past week?

APPRECIATION

I felt loved and appreciated because you ...

I appreciated when you ...

DISCLOSURE

Concern: I am concerned that ...

Confused: I am confused by ...

Complaints: I noticed that ... but I prefer ...

LOOKING FORWARD

*Over the next week to month, what are some of
my prayers, hopes, dreams, or wishes?*

HOW CAN I HELP?

How can I pray for you?

What is the one thing I can do for you this week?

MONTHLY MARRIAGE SYNC

CALENDAR

Review the upcoming month and make sure calendars are in sync.

What are our plans for hospitality?

How will we be intentional with each other, family (if applicable), and our LifeGroup?

FINANCES

Are we staying within our budget? Where did we overspend? What might we need to correct?

How are we moving forward with our financial goals? What might need to change to move toward our goals?

How are we planning for generosity this upcoming month?

SEX

How would I describe our sex life?

Am I sexually frustrated or satisfied? If frustrated, what might need to change?

PARENTING

What are our parenting wins? Parenting failures?

Are there behavior issues that we need to focus on and address? What is our plan of action?

What is our family discipleship plan?