

# 1 PETER LEADER GUIDE

## WEEK 14: HUMBLE RESISTANCE

**Primary Passage:** 1 Peter 5:5-11

**Related Passages:** Proverb 3:34 and 29:23, Psalm 138:6, Matthew 6:25-34, James 4:1-10, Hebrews 3:12-13

"If you live gladly to make others glad in God, your life will be hard, your risks will be high, and your joy will be full."

- John Piper

### Lifegroup Study Guide

Looking back on this series, what stands out as the most helpful ideas and truths that will stick with you?

**Leader Notes:** Icebreaker but also a good opportunity to get your people to think back through all of the ideas and truths that we've learned throughout this Exiles series. I've seen God growing and moving in our people to remember our communal gospel missionary identity. Encourage your people to let these truths soak down and deep and last for a long time.

**Read 1 Peter 5:5-7.** What is Peter quoting when he says, "God opposes the proud but gives grace to the humble?" What do these verses mean?

**Leader Notes:** All of these verses - Proverb 3:34 and 29:23, Psalm 138:6 - say similar things. Help your people know how to study their bibles by checking cross references. James also quotes this verse and you can see how he uses it in context in James 4:1-10.

**Read 1 Peter 5:8-9 and Hebrews 3:12-13.** When faced with suffering and anxiety as exiles, how does Peter say the humble are to respond? How are you most tempted to sinfully respond to suffering and anxiety?

**Leader Notes:** Helping our people grow in self-awareness.

- Considering Hebrews 3:12-13, what is the devil's end game? How are we called to fight for each other as we stand firm?

**Leader Notes:** Satan's end goal is to use suffering, cultural pressure and discouragement to cause us to fall away from belief in the living God. Hebrews call to encourage each other daily is not just about following a moral rule to say nice things. It's about actively fighting to see Jesus working in each other's life as we resist satan's end goal.

- Where are you feeling the most adversarial pressure to either arrogantly respond to the worldly culture we're called to love, or to get swept up in sinful patterns of the worldly culture?

**Leader Notes:** Straight up confession time. Remember like the sermon said that this pressure may not be toward anything overtly evil, but just to distractions that have nothing to do with building Jesus' kingdom and being Jesus' people.

**Read 1 Peter 5:6 again and vs. 10-11.** How are you actively fighting to believe the incredibly encouraging truth that Peter states in these verses?

**Leader Notes:** Peter gives incredible encouragement and reminder here that the suffering will not last. God will exalt us in due time. He will confirm, restore encourage and strengthen us as we live with him in paradise eternally. Praise Him! Fight to rest in this gospel truth. And let Jesus' unconditional love fill you to pour your life out to see Jesus' kingdom come here on earth!

**Pray** for our humility.

**Pray** for our firm resistance against satan's schemes of distraction, discouragement and disbelief.

**Pray** for our continued focus and sacrifice to lay our lives down as God's exile people on planet earth.

**Pray** for us to be a vibrant city of God.