ADVICE VS. GOOD NEWS

ADVICE	GOOD NEWS
Typically starts with some version of "You just need to"	Typically starts with some version of "In Christ you are" (Righteous, justified, made new, clean, loved, adopted, etc.)
Primarily focuses on behavior modification	Does not neglect accountability, but does not stop there—it digs deeper and focuses on the heart change that will lead to behavior change.
About what you should do.	About what Jesus has done on your behalf.
Makes people feel increased pressure.	Makes people feel relieved from pressure.